

INSIDE STAYING ALIVE



We at MTV Staying Alive pride ourselves in using edutainment to promote HIV/AIDS awareness, particularly among young people. We want to teach everyone how essential it is to take care of ourselves and to protect ourselves, so here's how you can do it:

- Take care of your health
- Take regular visits to your doctor
- Educate your partner on PREP and PEP
- Communicate with your partner about safe sex and what feels right for you and them
- Please do wear condoms as it does not protect you against STD

PrEP is a medication taken before exposure to HIV to prevent transmission. It is typically recommended for people who are at high risk of contracting HIV, such as those with a partner who is HIV-positive or people who engage in high-risk sexual behaviours.

GET INVOLVED

BLOG: HIV TESTING

On this National Women's Day, let us celebrate the achievements of women and continue to work towards a world where every woman has the freedom to make choices about her health and her life and have autonomy and agency over their bodies and health. HIV/AIDS remains a major public health concern, and it is important to raise awareness about prevention, treatment, and care for women who are living with HIV/AIDS. Edutainment, which combines education with entertainment, can be a powerful tool to engage and inform people about health issues, including HIV/AIDS.

WHAT'S ON



The internship programme will involve gathering data and analyzing results to gain insights and identify opportunities for young people from diverse backgrounds to pursue careers in the film industry.



MTV Shuga watch party with the first lady and her organisation flotus dropped by shujazz's konnect festival in Kenya talking about how media puts young people in control #FLOTUSinKenya